

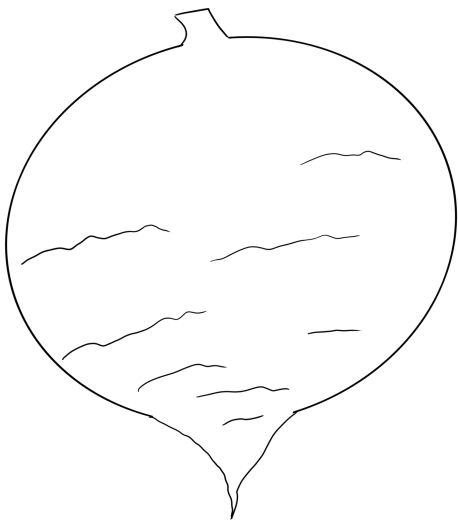
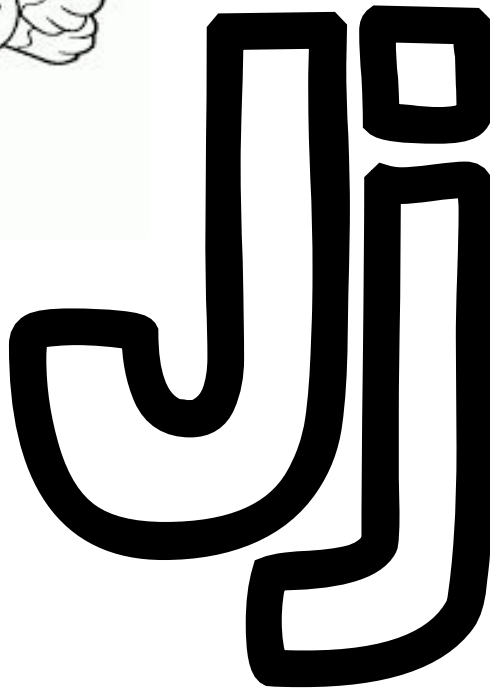
Using the letter



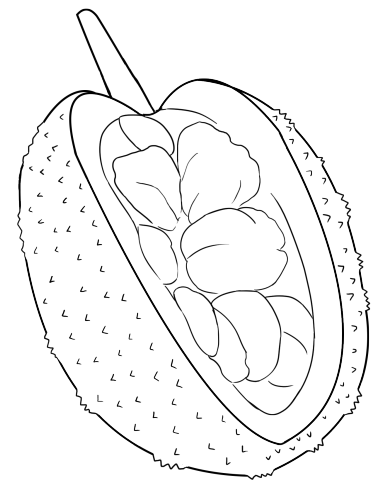
JAGUAR



JELLYFISH

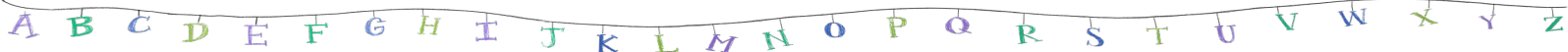


JICAMA



JACKFRUIT

to be more healthy



Jj



SMED

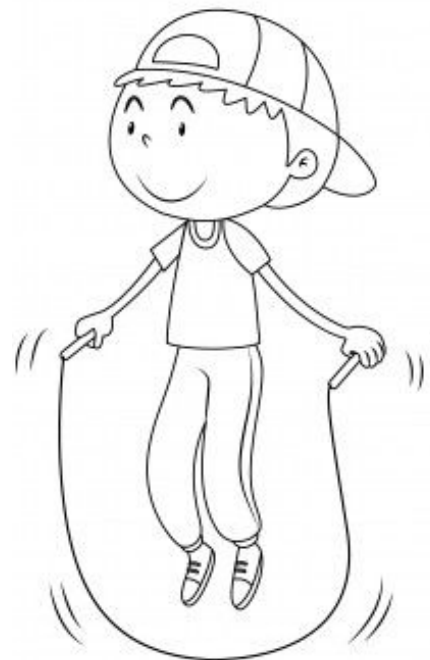
makes his brain healthy by learning words that start with "J."

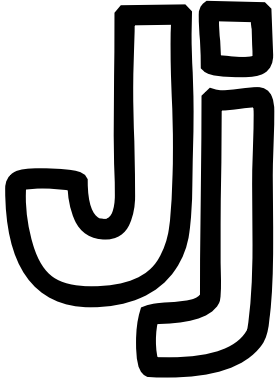
Trace and write these words two times each.

just just

jump jump

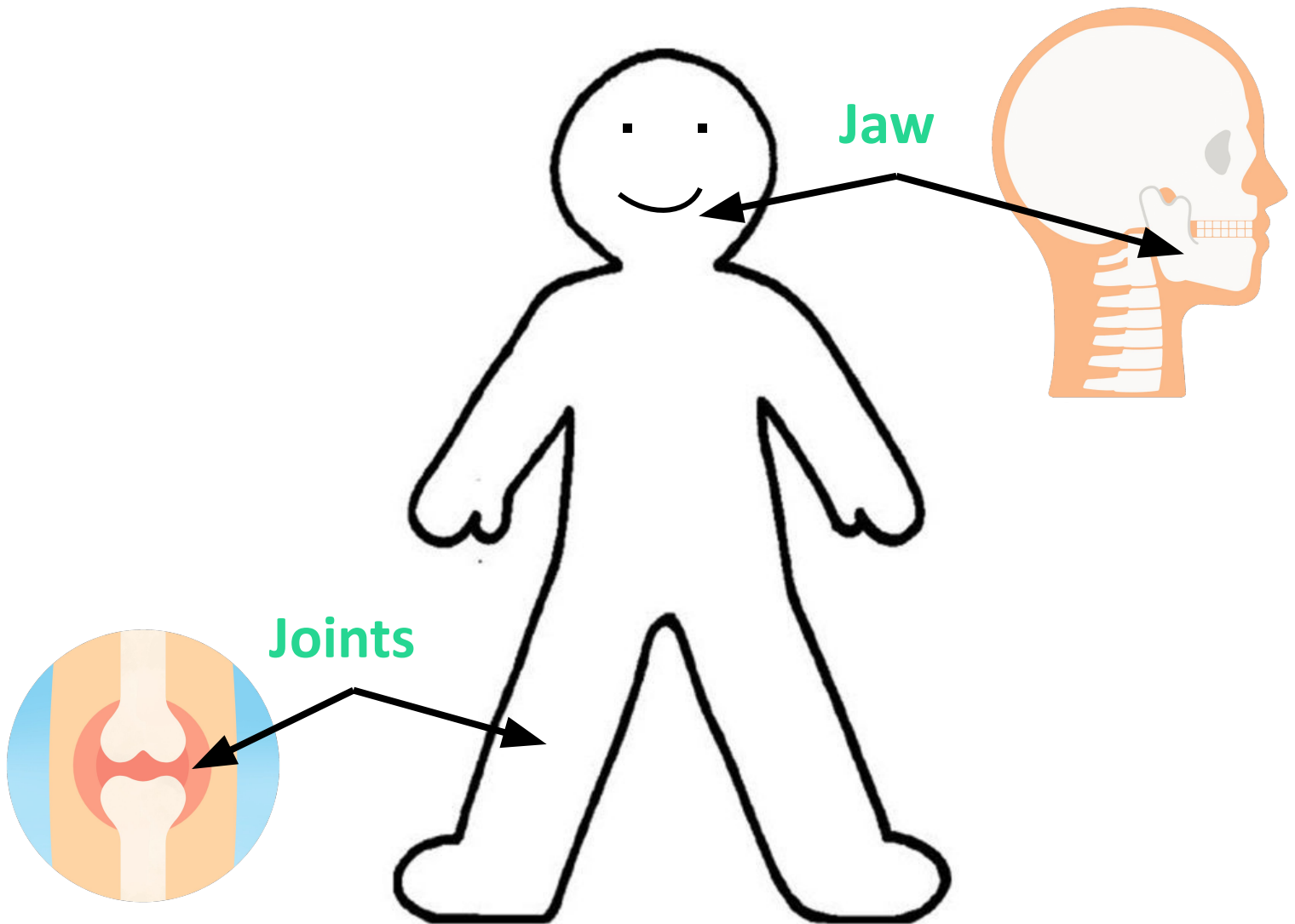
Can you color in the boy **jump** roping?



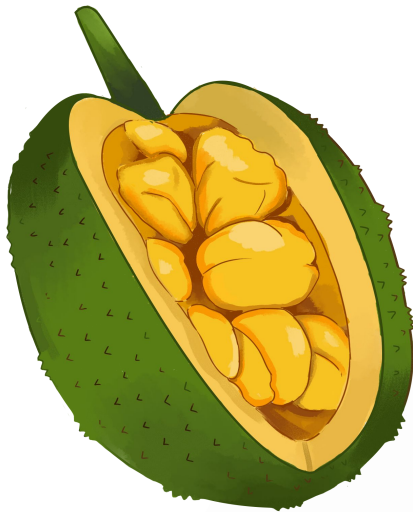


SMED'S Science Lesson:
Anatomy with the
Letter **J**!

Many parts of your body start with the letter **J**.

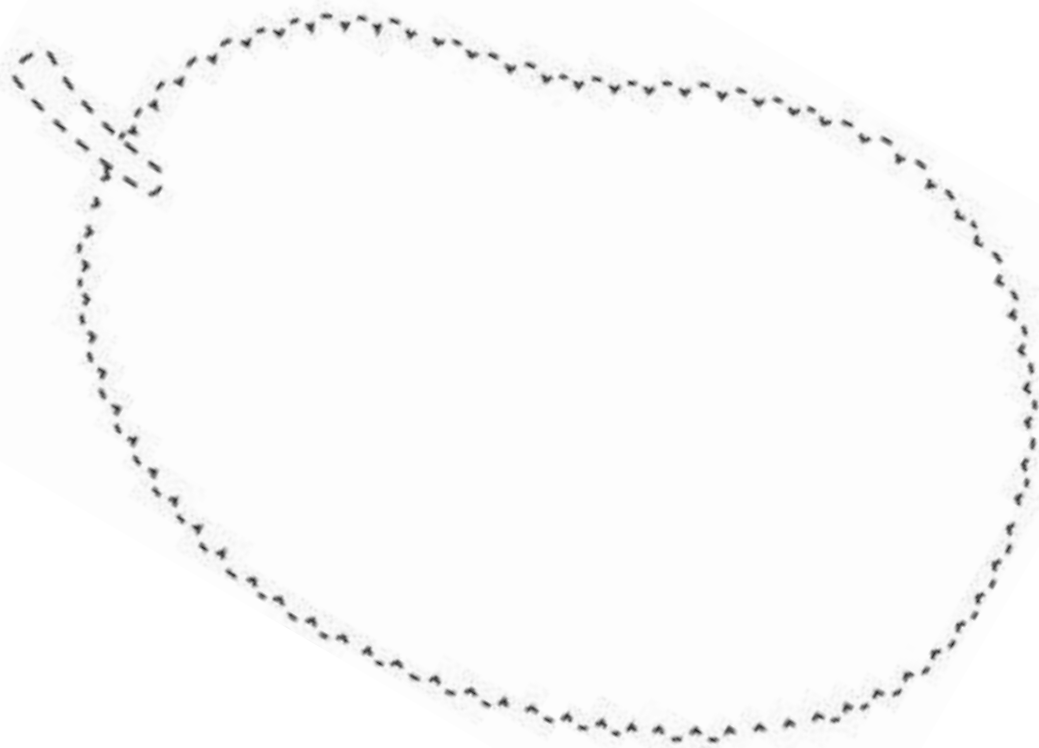


Jj



Jackfruit

Trace and color in the **jackfruit**.



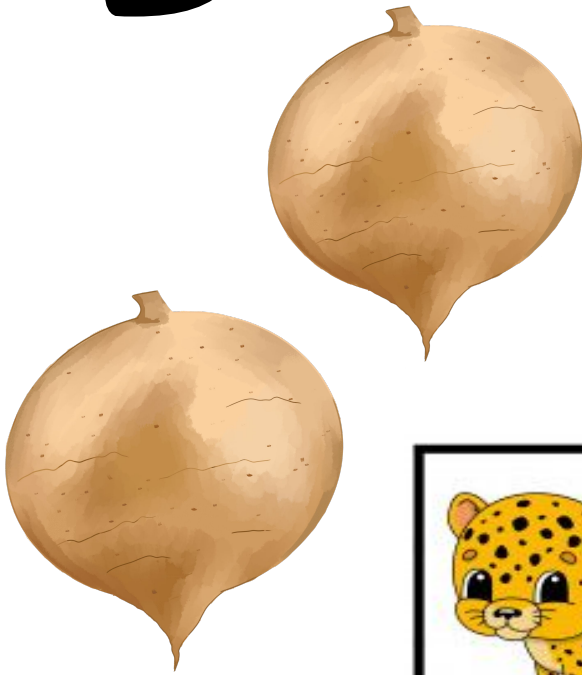
BERRY

uses the letter **J**
to be healthy by
eating **jackfruit**.

Jj

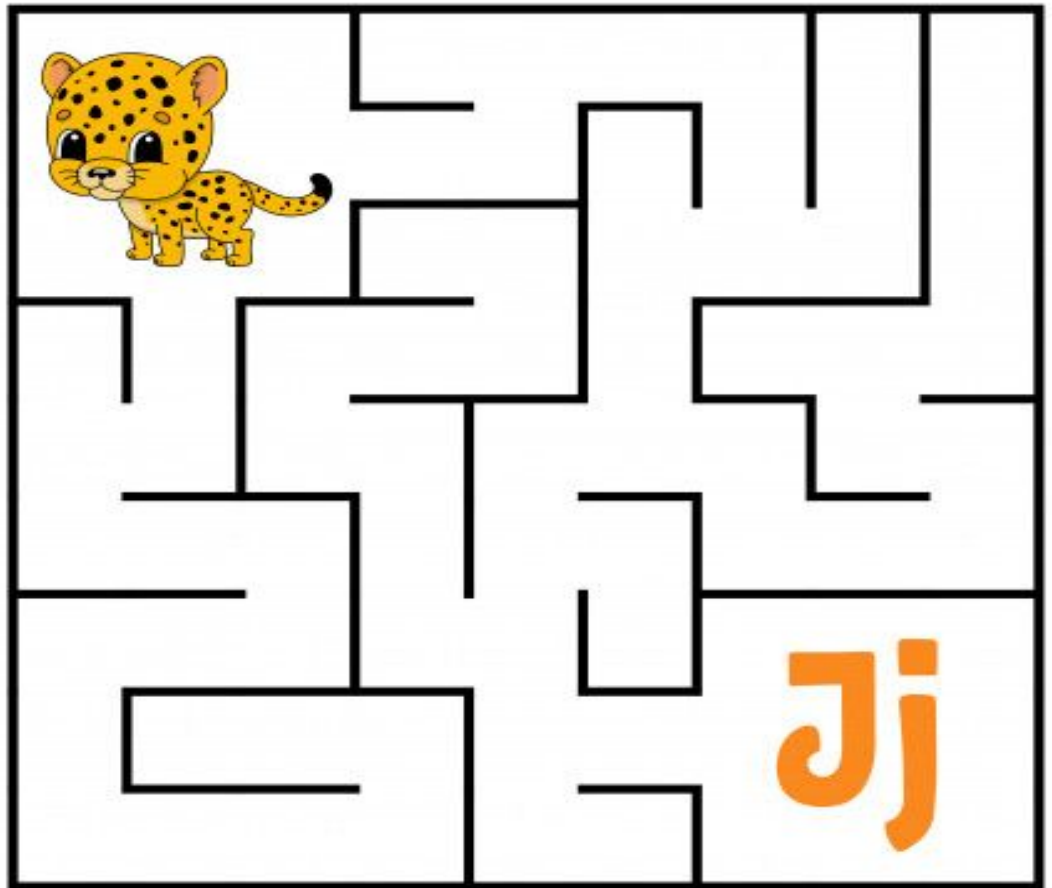


BROC
uses the letter **J** to
be healthy by
eating **jicama**.



Jicama

Help the
jicama get
to the
letter **J**!



Jj



Sport

uses the letter
J to **jump**
around!



Jump Roping



Jumping Jacks

Color in how many **jumping jacks** you can do!

1	3	5	7	9
2	4	6	8	10

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

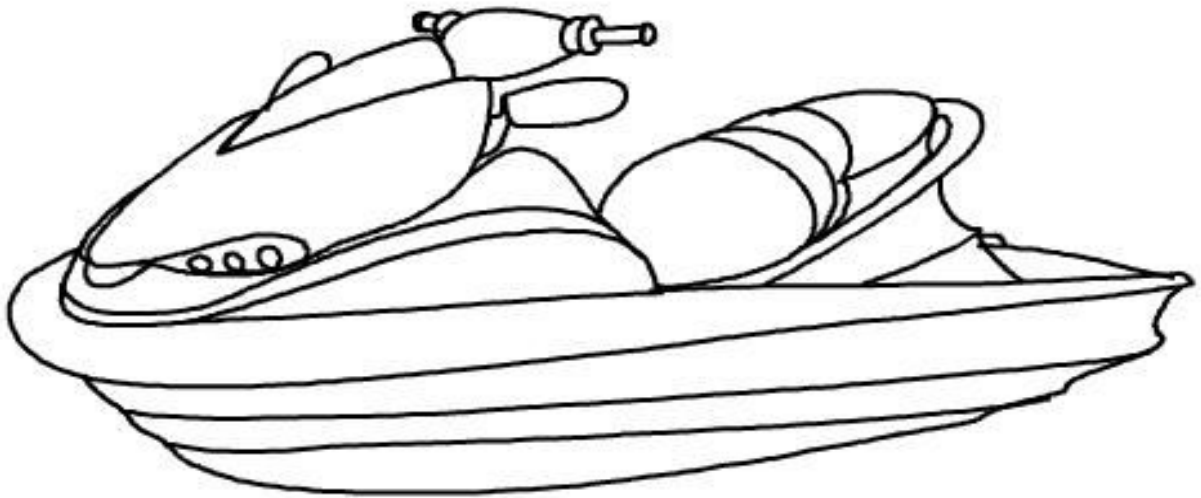
Jj



AGUA

uses the letter **J** to be healthy by going **jet** skiing.

Can you color in the **jet** ski?



WARNER



When you go **jet** skiing, be sure to wear a life **jacket** for safety.

Jj



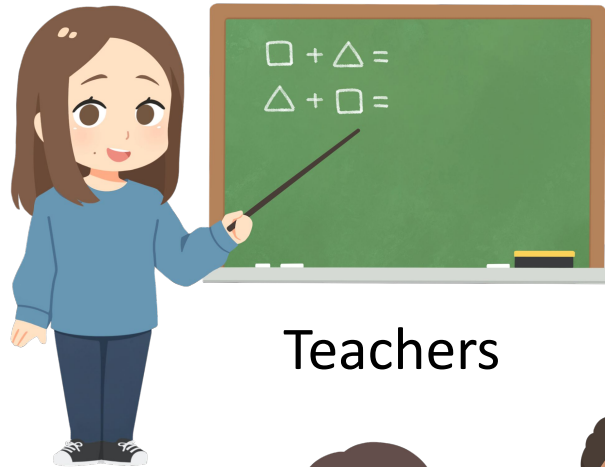
WARNER

uses the letter **J** to be healthy by knowing what **jobs** have trusted adults.

If you ever need to find a trusted adult, there are some **jobs** where you can trust all the adults who are there.



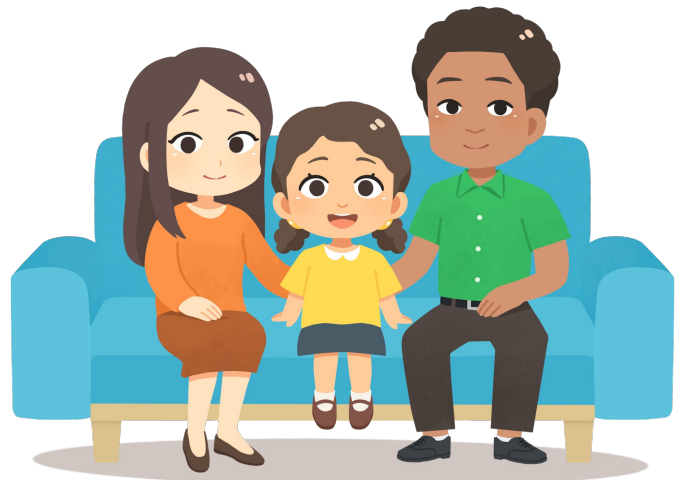
Doctors



Teachers

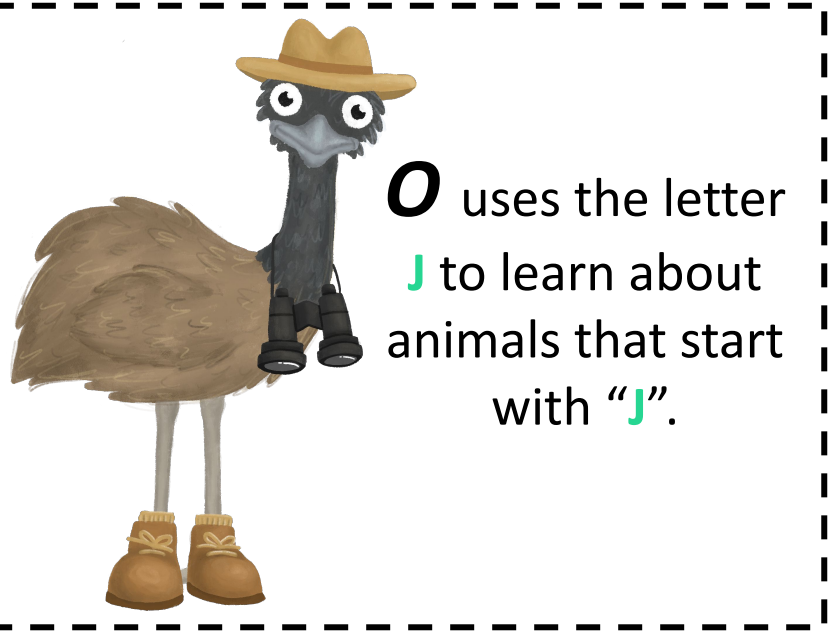


Police



Parents

Jj



O uses the letter
J to learn about
animals that start
with "J".

Help the **jaguar** and the **jellyfish** get to
their homes!



Jaguar



Jellyfish



Jj



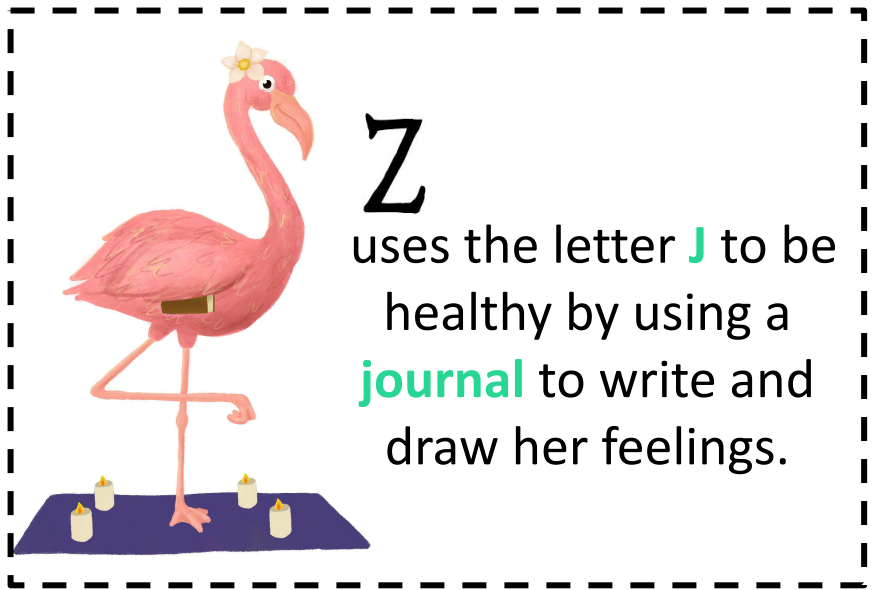
Pathy
uses the letter **J** to
be healthy by
joining groups and
making friends.



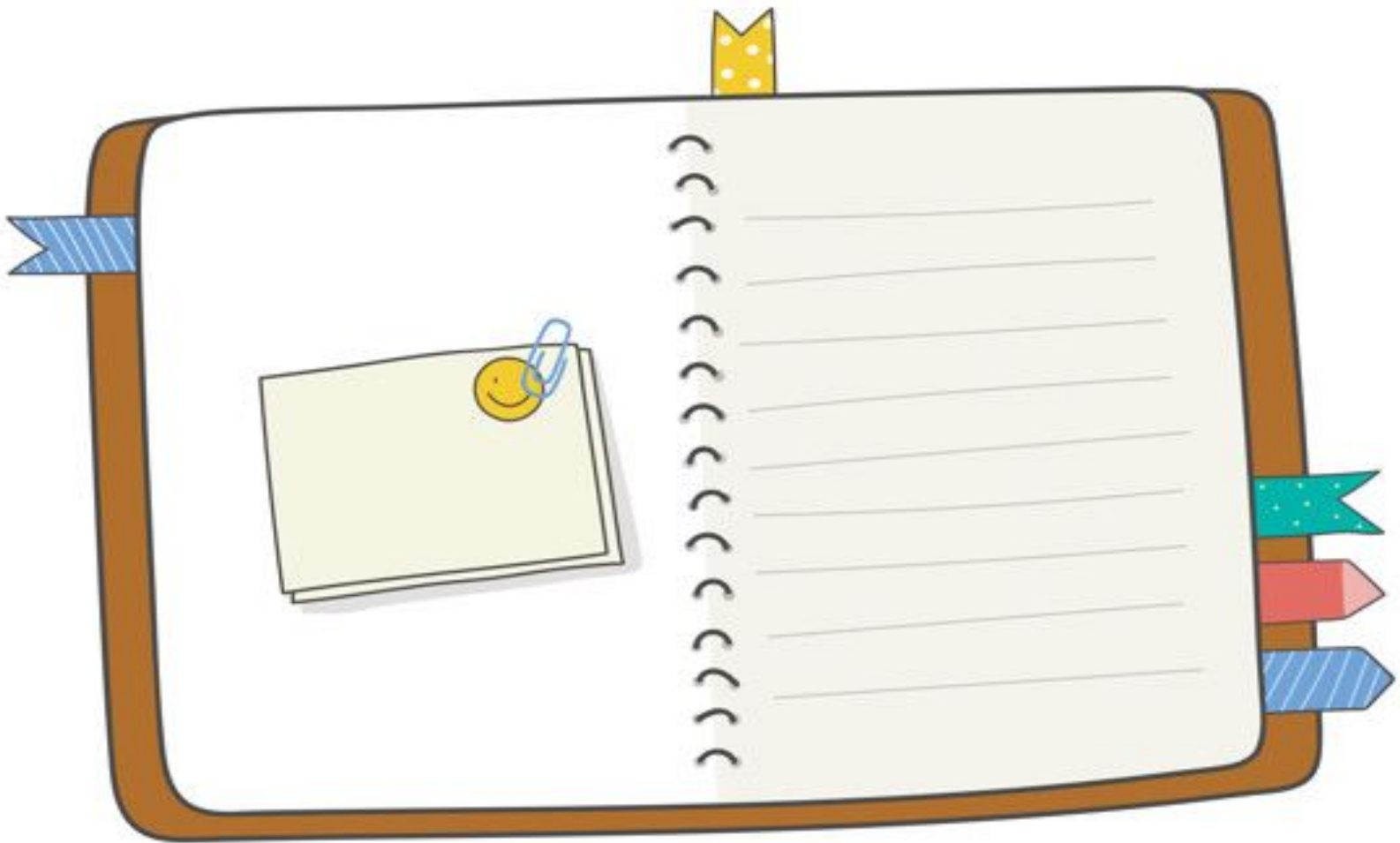
What are three places where you can **join** a group?

- _____
- _____
- _____

Jj



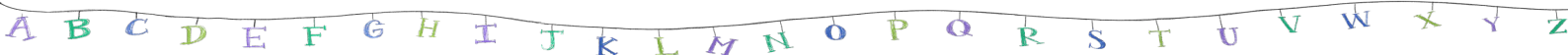
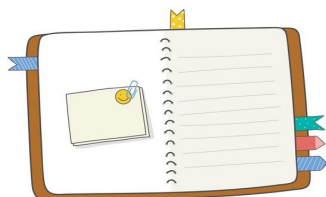
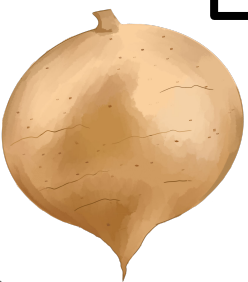
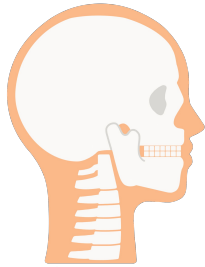
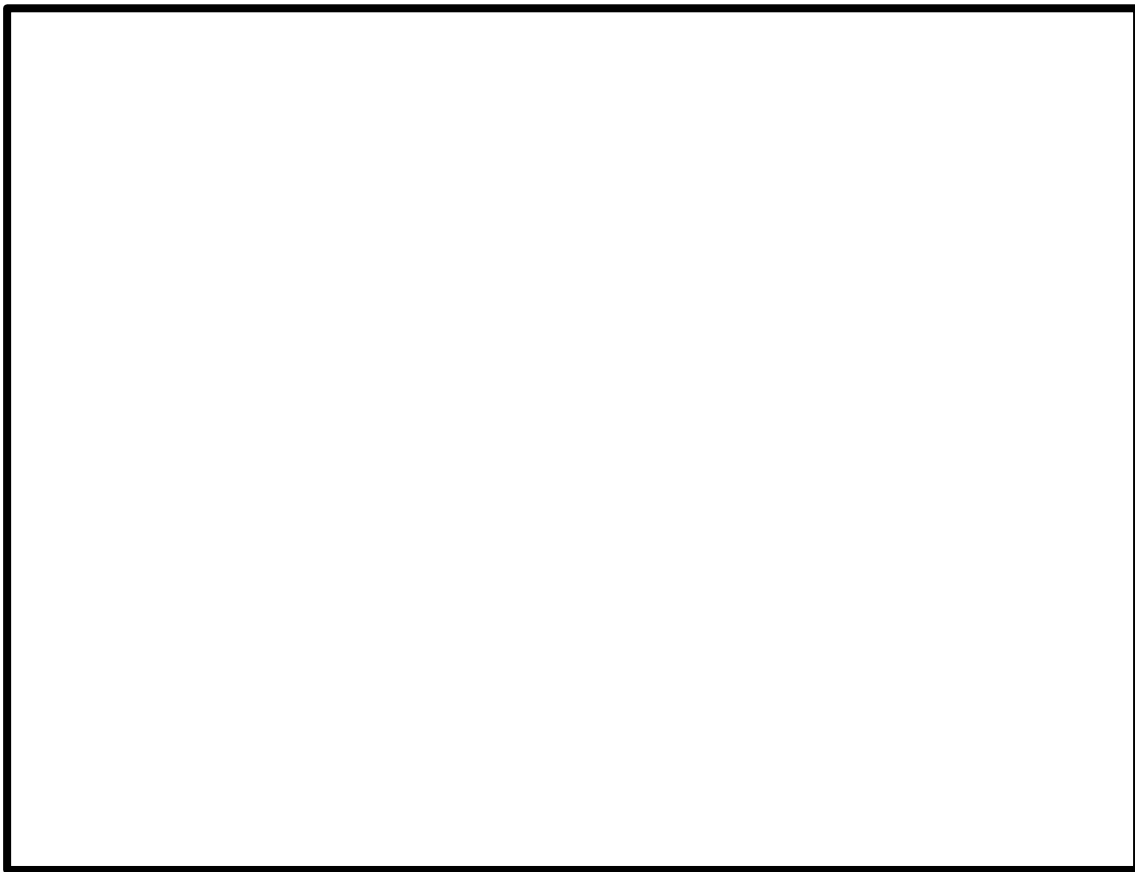
Jot down your thoughts!

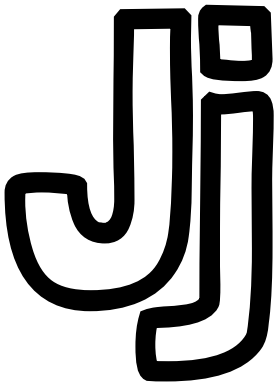




Jj

Draw a picture of how you're going to use the letter **J** to be more healthy.





Health Standards

- 1.1.N Name a variety of healthy foods and explain why they are necessary for good health.
- 1.2.N Identify a variety of healthy snacks
- 7.1.N Select nutritious snacks
- 1.4.G Identify trusted adults who promote healthy growth and development (e.g., physicians, nurses, dentists, and optometrists).
- 1.5.G Name body parts and their functions.
- 3.1.S Identify trusted adults who can help in emergency situations.
- 1.2.M Describe the characteristics of families.
- 1.3.M Identify trusted adults at home and at school.
- 7.2.M Describe positive ways to show care, consideration, and concern for others.
- 8.1.M Encourage others when they engage in safe and healthy behaviors.
- 1.5.P Identify practices that are good for the environment, such as turning off lights and water, recycling, and picking up trash.