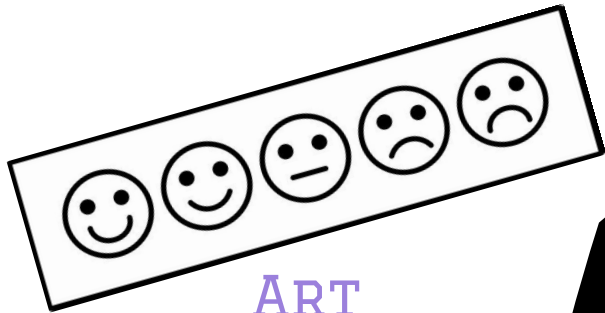
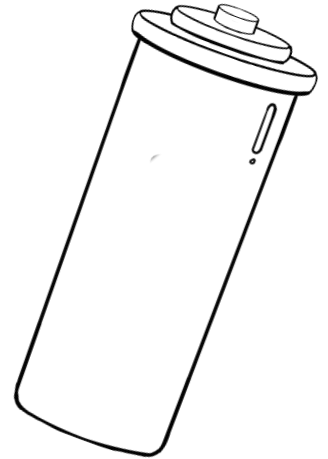


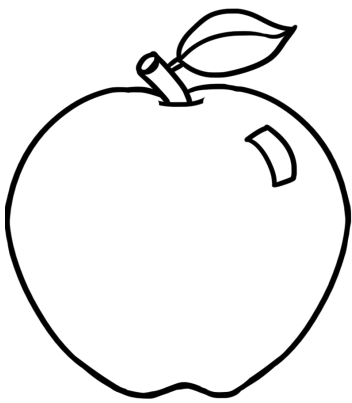
Using the letter



ART

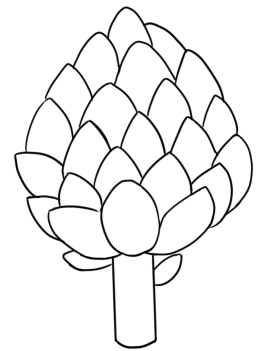


AGUA



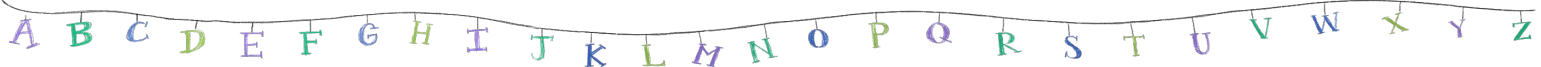
APPLE

Aa



ARTICHOKE

to be more healthy



Aa



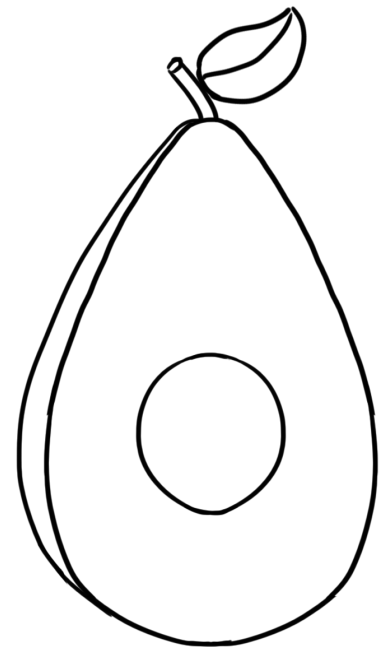
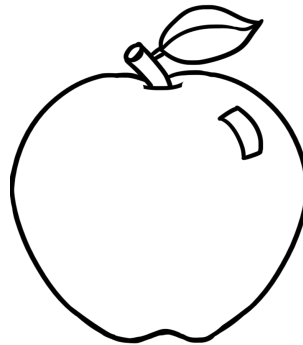
SMED

makes his brain
healthy by learning
words that start with
"A".

Trace and write these words two times each.

and and

and and



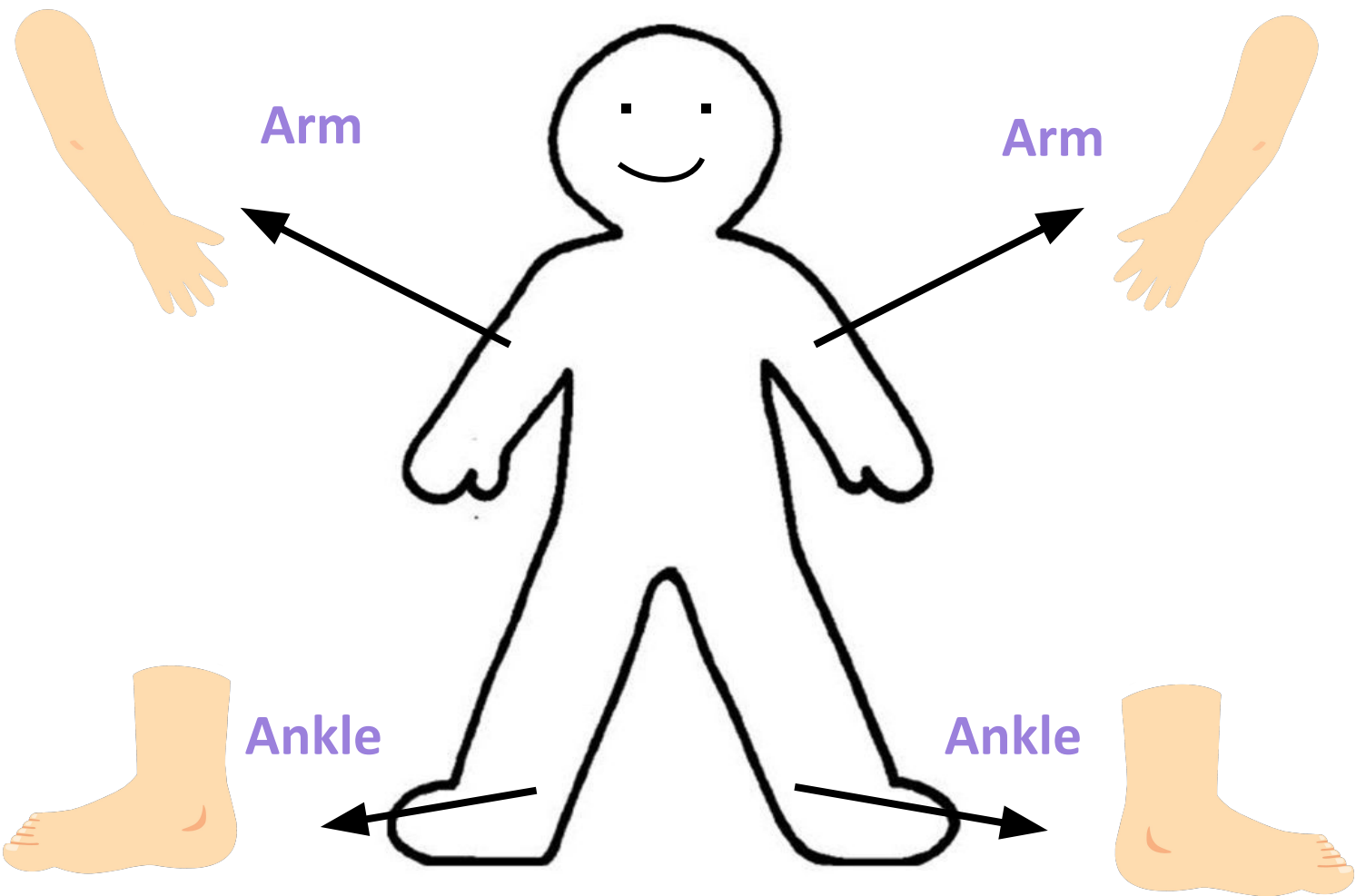
Can you color in an
apple and avocado?

Aa



SMED'S Science Lesson:
Anatomy with the
Letter A!

The letter **A** is the first letter of many parts of your body -
your **arms and ankles!**



Aa



BERRY

uses the letter **A**
to be healthy by
eating **apples**.

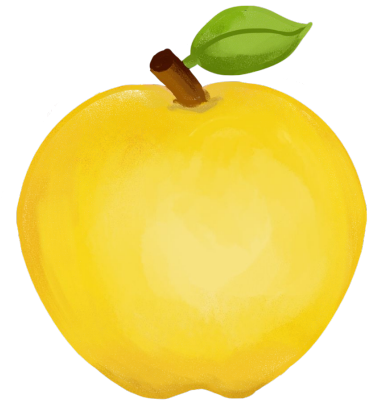
Apples can come in many colors!



Red

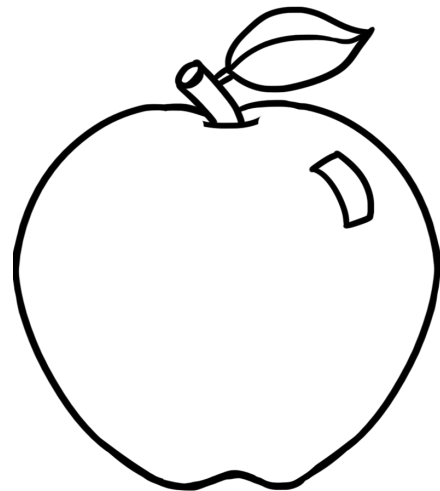


Green



Yellow

What color will your
apple be?



Aa

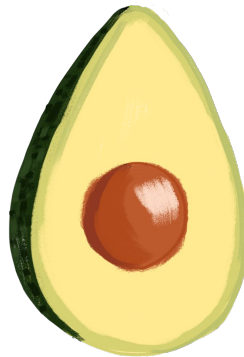


BROC

uses the letter **A** to be healthy by eating veggies that start with **an A**.



Asparagus

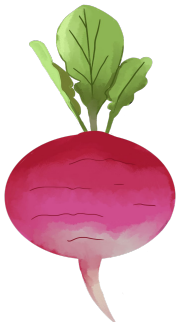
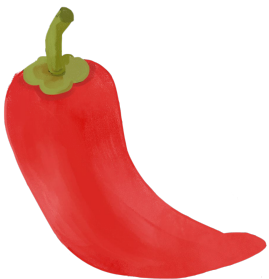


Avocado



Artichoke

Circle the veggies that start with **an A**.



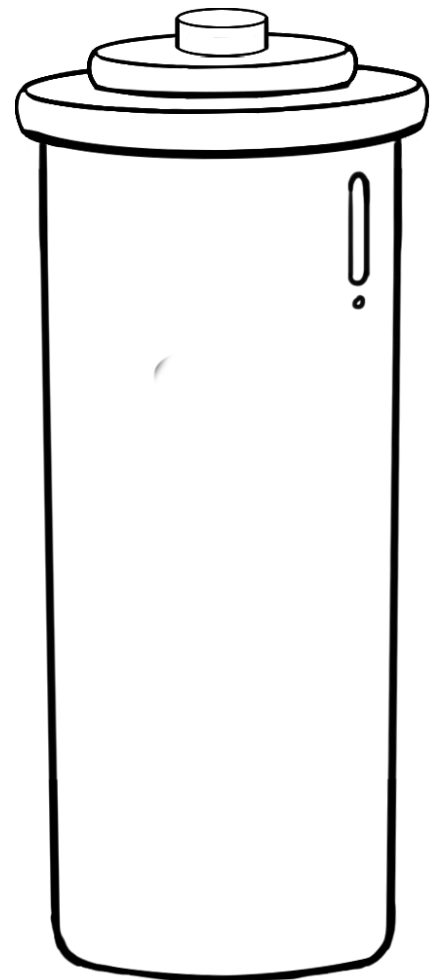
Aa



AGUA

uses the letter **A**
to be healthy by
drinking “**agua**”
(water)!

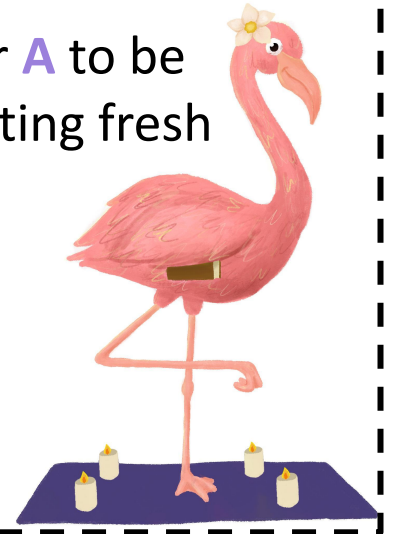
Color in **Agua's** water
bottle!



Aa



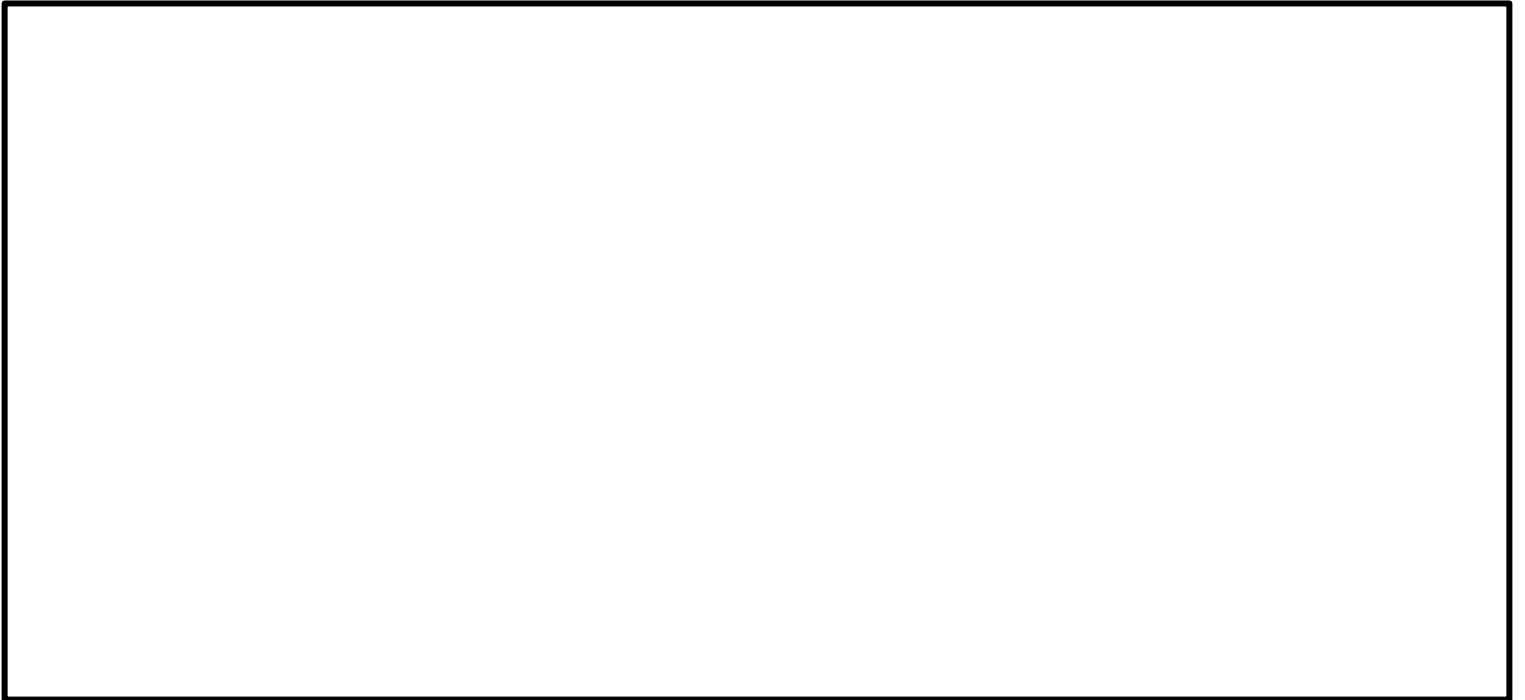
Z and o
use the letter A to be
healthy by getting fresh
air.



When you go outside, take a deep
breath of fresh air and look around!



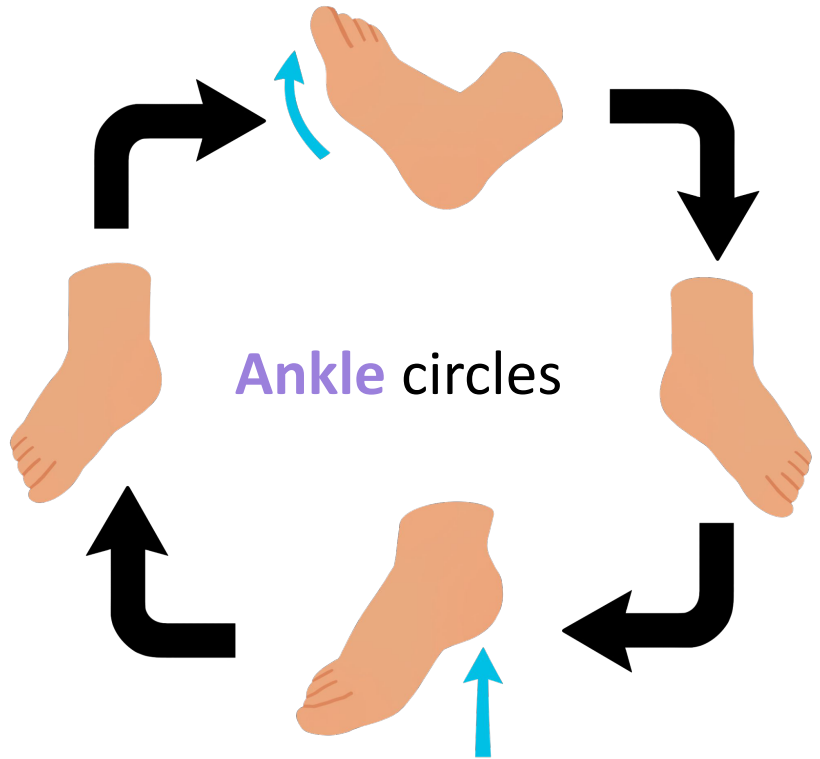
Draw a picture of something you might see when
you get fresh air.



Aa



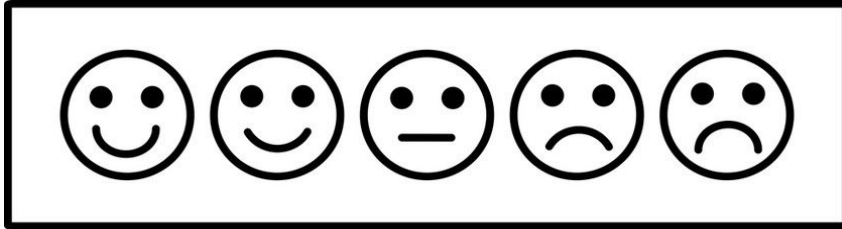
Arm circles



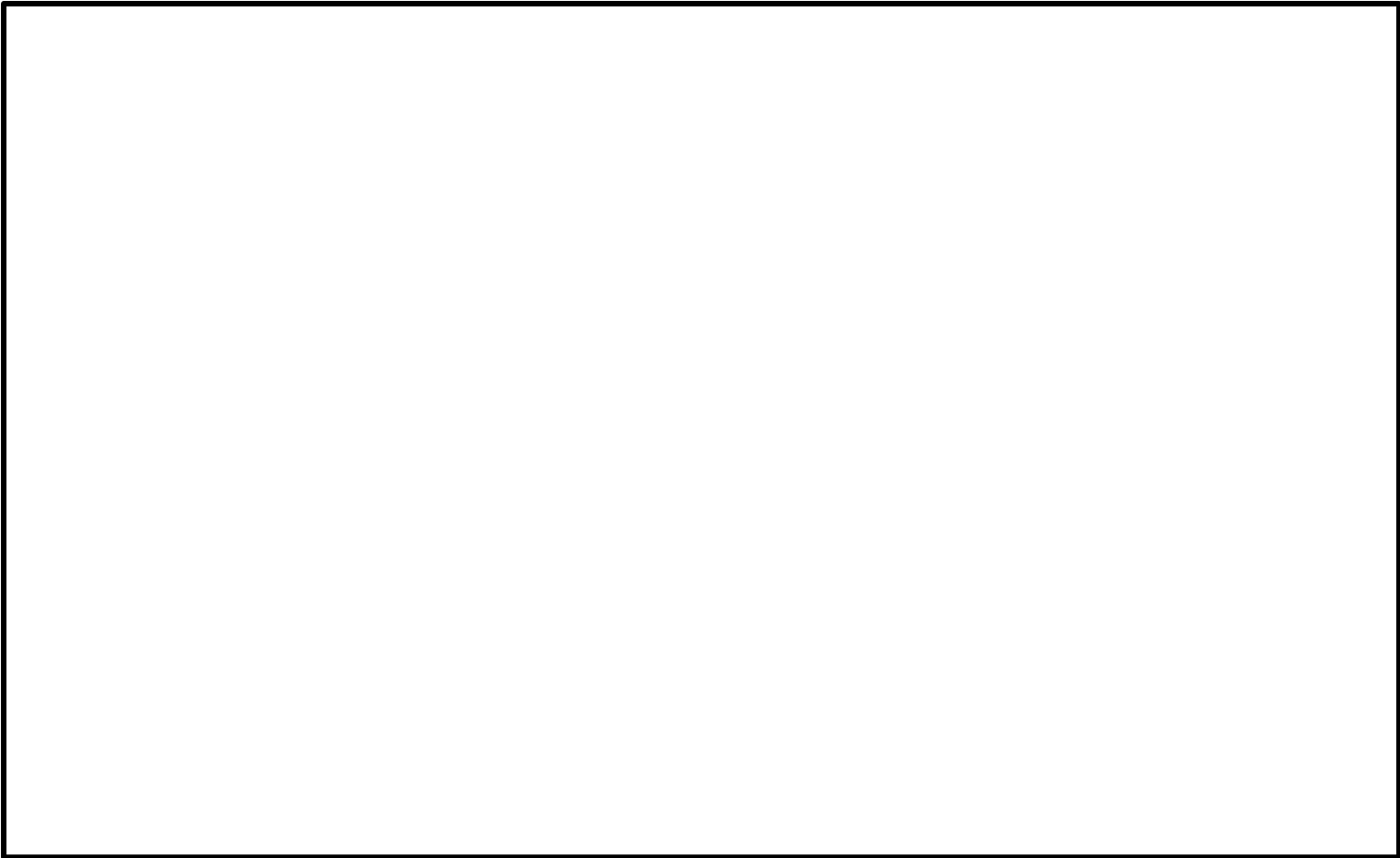
Ankle circles

Can you do 10 arm circles and 10 ankle circles?

Aa



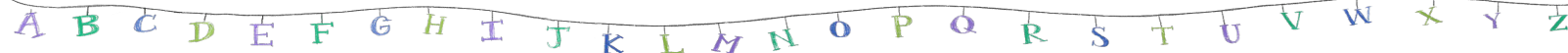
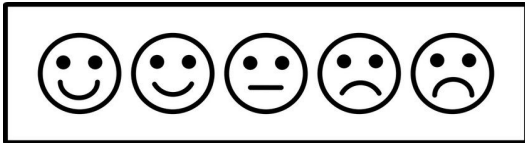
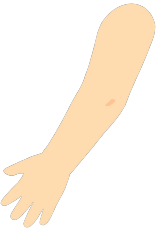
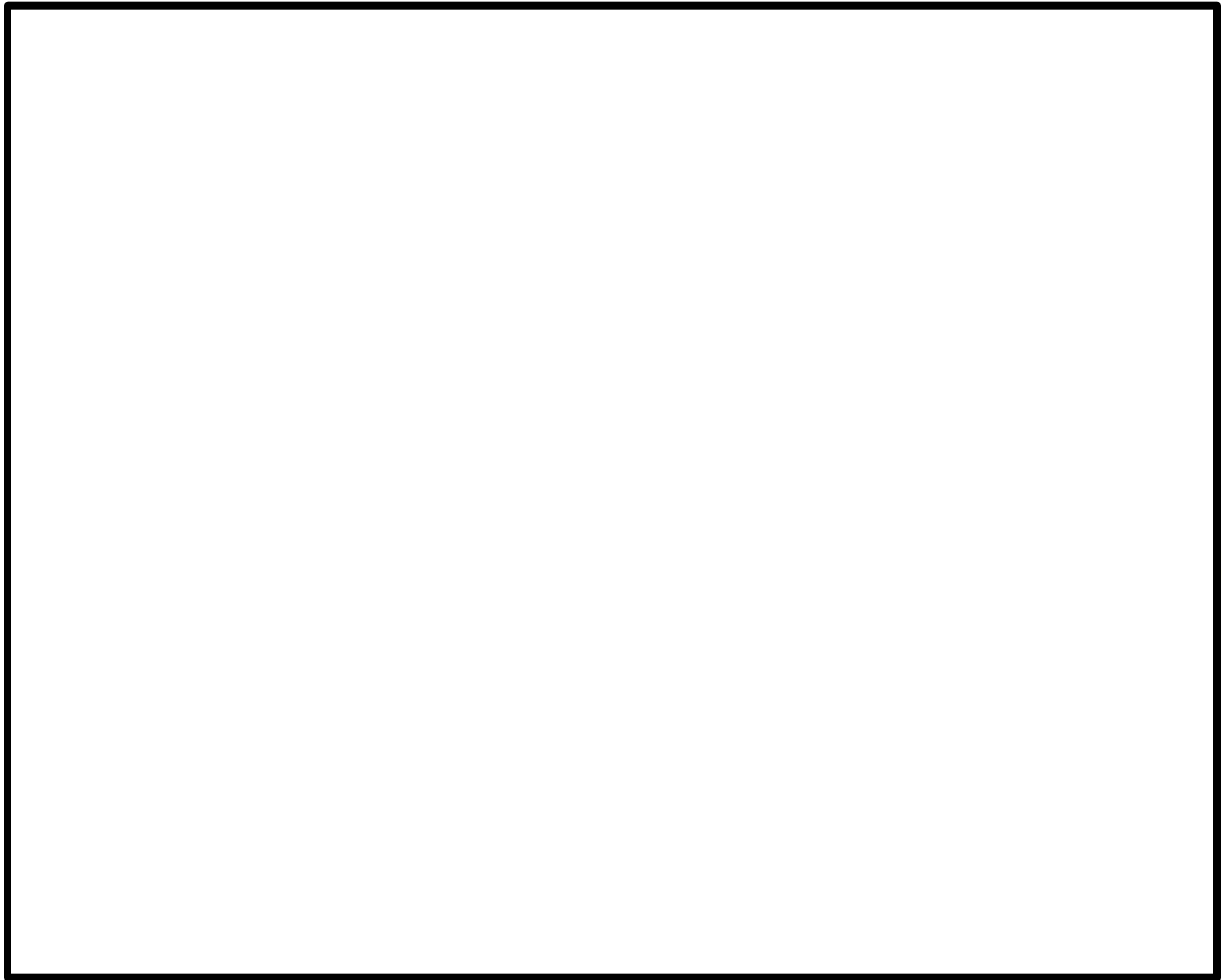
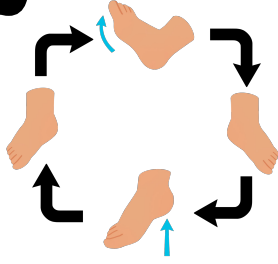
Can you use **art** to draw your feelings?





Aa

Can you draw a picture of how you can use the letter **A** to be more healthy?



Aa

Health Standards

- 1.1.N Name a variety of healthy foods and explain why they are necessary for good health.
- 5.1.N Describe ways to participate regularly in active play and enjoyable physical activities.
- 1.2.N Identify a variety of healthy snacks.
- 7.1.M Express emotions appropriately.
- 1.5.G Name body parts and their functions.